



FMUSP WINTER SCHOOLS 2024
OUTLINES



# **INDEX**

# Index

PRESENTATION	2
PROGRAM OVERVIEW	3
APPLICATION CALL	4
Practical Aspects of Modern Cardiology: a Multidisciplinary Clinical and Translational Approach	7
The Aging Process: Biological Aspects and Social Consequences	9
Expanding the Frontiers of Dermatology	11
Experience in cases of high and low complexity in Gynecology and Obstetrics	13
Neglected Tropical Diseases and Emerging Viral Infections: Health Challenges in Brazil 21st Century	
Physical and Rehabilitation Medicine	16
Neurology Clinical Reasoning	18
Acute Care Surgery and Trauma	20
Psychiatric Interview	22
Clinical and Surgical Gastroenterology	24
Contact us	26



# **PRESENTATION**

Dear partners and students,

After six very successful editions of our FMUSP Winter Schools, we are honored to present you our seventh and next one!

The FMUSP Winter Schools 2024 consists of 2 weeks of in-person educational activities in one of these 10 different topics: Cardiology, Gynecology/Obstetrics, Dermatology, Geriatrics, Neurology, Physical and Rehabilitation Medicine, Infectious Diseases, Clinical and Surgical Gastroenterology, Psychiatry and Trauma and Acute Care Surgery, from July 15 to 26, 2024, at University of São Paulo Faculty of Medicine in São Paulo, Brazil.

Beside the educational program, there will also be visits in our Health Care System (*Hospital das Clínicas* Complex) and social gatherings organized by the Brazilian students for the participants to experience and enjoy the culture and fun of São Paulo!

The Winter School will provide you with a great opportunity to meet new people from all over the world and to share your interests and knowledge in Medical Areas. Come participate in this once-in-a-lifetime experience!

You will find more information on the following sessions: Program Overview, Application Call and Courses Outlines. The deadline for application is March 30th, 2024.

Please visit our <u>website</u> for updates throughout the upcoming months. Feel free to contact us if you need any further information (<u>winterschools@fm.usp.br</u>).

Kindest regards,



Eloísa Silva Dutra de Oliveira Bonfá Dean Faculty of Medicine



Valeria Aoki President of International Relations Committee Faculty of Medicine



# PROGRAM OVERVIEW

Period	From 15 to 26 July 2024.
Schedule	Monday to Friday, mornings and afternoons.
Location	<u>Faculty of Medicine - University of São Paulo</u> <i>Hospital das Clínicas</i> Complex São Paulo, Brazil
Fee	Students from LAC and Africa: USD 500,00 Students from EUA, Europe and Asia: USD 1.000,00 Applications: free of charge
Course language	English
Number of participants	Minimum 20
Certificate	According to the Universities rules, a certificate of participation will be provided to students that have met minimal grades and attendance criteria.
Application	Online application will be open from February 15th until March 30, 2024 Form available on this link
Application Results	The results will be available by April 10th, 2024.
Eligibility; Application Procedure; Documents; Calendar; Selection criteria.	Check the following Application Call
Contact	http://www.fm.usp.br/en/winter-schools/Programoverviewwinterschools@fm.usp.br



# APPLICATION CALL

#### **Opportunities**

- 1.1. FMUSP Winter School 8th Edition will take place at the Faculty of Medicine of the University of São Paulo, from 15 to 26 July 2024.
- 1.2. This edition will select the minimum of 20 students for the following courses, which will be given completely in English:
  - Practical Aspects of Modern Cardiology: a Multidisciplinary Clinical and Translational
  - The Aging Process: Biological Aspects and Social Consequences
  - Expanding the Frontiers of Dermatology
  - Experience in cases of high and low complexity in Gynecology and Obstetrics
  - Neglected Tropical Diseases and Emerging Viral Infections: Health Challenges in Brazil in the 21st Century
  - Physical and Rehabilitation Medicine
  - Neurology Clinical Reasoning
  - Acute Care Surgery and Trauma
  - Psychiatric Interview
  - Clinical and Surgical Gastroenterology
- 1.3. All expenses, like accommodation, flight tickets, transportation, meals, visa, personal expenses, will be covered by the student him/herself.

#### 2. Calendar (subject to small changes)

from February 15th until March 30th, 2024	Applications Submission Period
10 April 2024	Results
30 May 2024	Deadline to send the proof of payment
30 June 2024	Health insurance, Flight Information submission and Vaccination (a link will be sent)
15 July 2024	Winter School Start
26 July 2024	Winter School End
26 July 2024	Report Submission (online form)

### **Eligibility and requirements**

- 3.1. Applicants must fulfill the requirements below:
  - 3.1.1. Be enrolled as an undergraduate, bachelor student in Health Sciences or as a medical student in a foreign Institution or in a Public University in Sao Paulo state (FMRP, UNICAMP, UNESP, FAMEMA, FAMERP, SANTA CASA - Universities from other states are not included in this edition);
  - 3.1.2. Be proficient in English;
  - 3.1.3. Be fully vaccinated;
  - 3.1.4. Fulfill the specific course requirements (check the specific course outline);
  - 3.1.5. Applicants who did not participate in previous editions will have their applications prioritized.
- 3.2. The selected candidates must commit to:
  - 3.2.1. Not to fail the class he/her is enrolled at;
  - 3.2.2. Not to miss a single day of class without good reason (i.e. sickness);3.2.3. To write a final report of his/her experience.



#### 4. Selection Criteria

- 4.1. All applications are first screened by the Winter Schools Team for fulfilling the following criteria:
  - 4.1.1. having met the application deadline;
  - 4.1.2. completeness of the application;
  - 4.1.3. having met the eligibility (see point 3);
- 4.2. All applications that meet the 4.1. are then assessed by the course coordinator against the following selection criteria:
  - 4.2.1. student scholarly performance, including prizes and/ or distinguished academic activities at his/her home institution;
  - 4.2.2. motivation statement and recommendation from his/her Home Institution;
  - 4.2.3. plurality of institution representativeness, and
  - 4.2.4. other criteria still to be defined by the Program Coordinator.
- 4.3. In case FMUSP Winter Schools receive many inscriptions from the same University, FMUSP might request the sending University to rank their students.

#### 5. Application procedure

- 5.1. The application submission deadline is mentioned in the Calendar above (see item 2). No exceptions will be considered.
- 5.2. To apply, fill out the **application form available on this link** (from February 15 until 23h55 (GMT-3) of March 30, 2024) and attach the documents below:
  - 5.2.1. Copy of **passport** identification page;
  - 5.2.2. **Photo** for your Winter School Student ID card;
  - 5.2.3. Confirmation Letter of **current enrollment** in a University in a letterhead paper, signed and stamped, in English, Portuguese, French or Spanish. This Letter must also indicate the applicant's overall score (or Degree Classification) and the highest score possible to achieve:
  - 5.2.4. Record of attended courses and grades (**transcripts of records**) mentioning your overall score, certified by your Home Institution (no translation required);
  - 5.2.5. **Recommendation Form**, signed and stamped by a Faculty Member who should be familiar with your academic achievements, in English or Portuguese (it is mandatory to use this template):
- 5.3. Please note that documents that not met the following criteria will not be considered:
  - 5.3.1. All scanned documents must be in good quality, straight and not blurred. If you cannot reach a good quality scan image with your mobile device, we strongly recommend you to use a regular scanner.
  - 5.3.2. All documents must be renamed with the applicant's name according to these examples: "Firstname\_LASTNAME\_Passport"; "Firstname\_LASTNAME\_Photo"; "Firstname\_LASTNAME\_RecommendationForm" etc.
  - 5.3.3. The completed application form accompanied by all the required documents (item 5.2) must be submitted by 23h59 (GMT-3) March 30, 2024. Applications via email will not be considered.

#### 6. After selection

- 6.1. After the selection, the selected applicants:
  - 6.1.1. must consult the Brazilian Embassy or Consulate in their home countries in order to verify if they need a visa. Short stay (up to 90 days): Depending on your NATIONALITY, you may be required to obtain a visa to enter Brazil (visit visa = VIVIS) or can travel visa-free. To find out if you need a VIVIS to travel to Brazil, click here.
  - 6.1.2. will receive further instructions about housing applications and practical information for preparing their arrival.



# TZI

- 6.1.3. will be required to present **flight/arrival information**, health **insurance** (covering the whole period of their stay in Brazil) and **an immunization form** to be completed.
- 6.2. After the course conclusion, students who have met 80% of attendance and had a grade of at least 7,0 (out of 10,0), will receive a certificate of participation by their courses.

#### 7. Further information

7.1. Due to the high volume of email queries, we might be unable to reply to requests for information which is already fully outlined in detail on this call. If the applicant needs any information that is not expressed on this call, please contact <a href="mailto:winterschools@fm.usp.br">winterschools@fm.usp.br</a>.



# Practical Aspects of Modern Cardiology: a Multidisciplinary Clinical and Translational Approach

#### **DEPARTMENT OF CARDIOPNEUMOLOGY**

#### **GENERAL DESCRIPTION**

Cardiovascular diseases are the main cause of adult deaths from a global and Brazilian perspective, in spite of important geographic differences related mainly to the level of the country or region's development. The main purpose of the present course is to develop, in a very interactive way, correlations between basic and advanced Cardiology, giving substrate for the student to understand the pathophysiology, diagnosis, prevention and therapeutic options (clinical and surgical) for most cardiovascular diseases. Emphasis will be given for disorders that are prevalent in both, developed and in-development countries.

The main topics to be covered will be: risk factors for atherosclerosis, acute and chronic ischemic heart disease, cardiac arrhythmias, valvular heart congenital heart diseases, molecular biology, ECG and images in cardiology, cardiac surgery.

#### **COURSE OBJECTIVES**

The main objective of the Course is to develop in the student the interest in the study of cardiovascular diseases and translational cardiovascular research, encouraging the improvement of reasoning derived from correlations among several different aspects of Cardiology and Cardiovascular Surgery. Other objectives include the improvement in the students' research skills, and the possibility to maintain future interaction with the InCor staff and colleagues of the course. At the end of the training, the students will be able to recognize and implement an initial clinical approach to the most relevant forms of CV diseases, and understand the importance of the translational research.

#### **TEACHING METHODS**

The students will participate in the following interactive activities:

- Visit to basic research laboratories;
- Study of cardiac anatomy and pathology with specimens;
- Analysis and discussion of EKG tracings, echocardiography, multislice angiotomography, cardiac magnetic resonance and nuclear cardiology;
- Case-discussions and clinical assessment of hospitalized and outpatients with different clinical presentation of CV diseases;
- Clinical and surgical-pathological correlation sessions;
- Visit to operating rooms acting as observers in selected cardiac surgical procedures.

Interactivity will be the main focus of the Course, and different tools will be utilized for this purpose, such as anatomical specimens, computer images, case discussions, etc.



# THOULD ATTEND?

Medical students from the 5th period (3rd year) and advanced.

#### **Course Coordinators**

Prof. Dr. José C. Nicolau

Prof. Dr. Raul D. Santos Filho

Profa. Colaboradora Vera Demarchi Aiello

Prof. Colaborador Wilson Mathias Ir.

Prof. Colaborador Luiz Fernando Caneo

Prof. Colaborador Paulo Sampaio Gutierrez

Prof. Colaborador Carlos Alberto Pastore

# **Course Supervisors**

Prof. Dr. Roberto Kalil Filho

Prof. Dr. Fábio Biscegli Jatene

#### Faculty:

The above professionals will also participate as faculty members. Additionally, as many other professionals from InCor's staff will also be participating. A complete list can be provided if requested.

#### Course material:

- Bibliography to be provided in May 2024, in order to make the course as updated as possible;
- EKG, magnetic resonance echocardiographic and nuclear cardiology images;
- Pathological specimens;
- Films of cardiac operations.

# **Prerequisites:**

Applicants are required to demonstrate sufficient ability to understand and express themselves in both spoken and written English.



# The Aging Process: Biological Aspects and Social Consequences

#### DEPARTMENT OF INTERNAL MEDICINE - GERIATRICS DISCIPLINE

#### **GENERAL DESCRIPTION**

The course intends to give to health care area undergraduate students an interdisciplinary vision about human aging. It will be based on theoretical classes, plus seminars and visits to places where old persons receive attention to their health and well-being. We intend to emphasize interactive and practical activities and have the smallest possible time of theoretical classes.

#### Proposed themes are:

- 1. Populational aspects of aging: starting with a brief theoretical introduction, followed by a more interactive activity: students will be invited to search for information about their own countries, and afterwards discuss it with the whole group;
- 2. Biological aspects: general and specific systems biology. This theme will be explored with a period of directed study of previously selected material, followed by group discussion;
- 3. Social aspects of aging: making links among previous aspects and trying to understand their impact on society, following the same teaching strategy;
- 4. Special issues of the aging process: functionality, frailty, immobility, sexuality, therapeutic particularities. For those themes the strategy will be using the acquired knowledge of epidemiology and biology and combine it with the background of the participants in order to build knowledge with their active participation.

# Programed visits:

- 1. GEROLAB: a unit of the Medical School dedicated to basic research;
- 2. GEROSAUDE: a program of free activities including, lectures, workshops, a journal, and UNAPES, an open university offered to elderlies that emphasizes health promotion:
- 3. Palliative Care Unit: an inpatient unit were patients eligible to palliative care, most of then elderlies, receive adequate treatment;
- 4. Frailty Ambulatory and Acupuncture Ambulatory: branches of the Geriatrics Ambulatory dedicated to research, professional training, and treatment;
- 5. Day Hospital: a unit of the Clinics Hospital of the Medical School that offers intermediate care, between in-patients and out-patients units, partially dedicated to aged patients;
- 6. CEDPES: a day care center dedicated to elderlies, that offers a variety of activities for health promotion and leisure:
- 7. Casa Ondina Lobo: a nursing home dedicated to elderlies with no family or financial resources;
- 8. ACCAPES: a fitness center directed to assistance and research on physical activity and aged individuals



To provide basic knowledge about the aging process, it's epidemiology, biological determinants and characteristics.

To discuss the social consequences of population aging.

To discuss Brazilian solutions for the problems of population aging, and encourage students to reflect on the reality of their own countries.

#### TEACHING METHODS

Theoretical classes: presentations lasting at most 50 minutes, with the possibility of interaction, questions and discussion of the topics, along it, or afterwards.

Seminars: starting with a brief presentation, followed by the proposal of a theme to research on line or on previously selected material. After the research time, all the group will gather together to discuss the answers and conclusions.

Programmed visits: to places that we consider successful experiences on gerontological assistance. A member of the course staff will be present all the time, and an English speaking local member of the local staff will be responsible for describing activities and local functioning. Students are also expected to interact with the elderly, with the support of the teachers for translation.

Study material will be available at Google Classroom, as soon as the platform is opened to the students.

Evaluation will be based on performance during seminars, attendance to activities and participation of activities proposed at Google Classroom.

#### WHO SHOULD ATTEND?

Undergraduate students of medicine, and other biomedical and social areas.

Modern health care involves intense interaction of professionals of different specialties. From our previous experience, not only in Winter Schools, but also other teaching and training activities, we realized that the presence of students of varied health care areas is a very enriching situation, not only for acquiring new information, but also for getting acquainted with team work.

#### Coordinator(s):

Yolanda Maria Garcia, Md, PhD, assistant professor Eduardo Ferriolli, MD, PhD, Full Professor of Geriatric Medicine.

**Course material:** textbooks and articles from journals available at our library and online.

**Prerequisites:** being an undergraduate student of the medical, biomedical or social areas.



# Expanding the Frontiers of Dermatology

#### DEPARTMENT OF DERMATOLOGY

#### **GENERAL DESCRIPTION**

Dermatology is a crescent specialty worldwide, although it is usually an elective rotation in many medical programs. The Department of Dermatology of our Institution offers the opportunity for international medical students to share a unique approach of skin diseases, facilitating dermatology education across disciplines.

This course will focus on clinical principles of General Dermatology, Tropical Dermatology, Autoimmune/inflammatory skin diseases, and Skin cancer, intermingled with Dermatopathology, Immunodermatology and Translational Dermatology.

Traditional bedside rounds and practical clinical classes at the Outpatient Subspecialties Clinics offers active, real-time activity of the attendants.

# **COURSE OBJECTIVES**

Main objectives of this course are below listed:

- 1. To allow medical students to improve their dermatological skills through traditional clinical semiology, with additional complementary, non-invasive diagnostic tools.
- 2. To expand the awareness of early diagnosis of potential severe skin/systemic diseases.
- 3. To improve global understanding of Dermatology, including tropical dermatoses, skin cancer, and autoimmune/inflammatory diseases with skin involvement, based on clinical and laboratory approaches.

#### **TEACHING METHODS**

A-The medical students will take part in:

- 1- Interactive bench to bedside lectures with senior faculty, including essential topics: basic dermatology, tropical skin diseases, skin cancer and allergy/inflammation; autoimmune skin diseases. For this activity, students will have access to related articles/materials in advance.
- 2- Guided 1-hr seminars, including the major topics of this program. The students have to prepare a short presentation, and the faculty members will provide a clinical case for discussion.
- 3- Student rounds monitored by a faculty member 5x/week, with patients from dermatology admission, ward and subspecialty clinics; once a week (Thursday morning, from 10:30am -12:00 pm) the students will join the grand rounds, with all the staff, students and residents.
- 4- Visit to the dermatologic surgery facility and investigative laboratories of the department.
- 5- Introduction to interactive dermatological sessions with other medical specialties.

B-Evaluation of the participants of winter school-dermatology
The students' performance will be based on his/her active input during seminars and clinical rounds, and a team-based case discussion with oral evaluation.



#### WHO SHOULD ATTEND?

- -Medical students with pre-clinical knowledge
- 5 to 7 students

#### Coordinator(s):

Valeria Aoki, MD, PhD Celina W. Maruta, MD, PhD

Faculty: Professors from the Department of Dermatology and Senior Clinicians from Hospital das Clínicas-Division of Dermatology (José Antonio Sanches Jr., Cyro Festa Neto, Valeria Aoki, Celina W. Maruta, Maria N. Sato, Gil Benard, Raquel Orfali, Marcello Nico and João Avancini)

#### Course material:

Articles about the main dermatological themes, online videos and Dermatology textbooks

#### **Prerequisites:**

Medical students with pre-clinical knowledge Fluent English



# Experience in cases of high and low complexity in Gynecology and Obstetrics

#### DEPARTMENT OF OBSTETRICS AND GYNECOLOGY

#### **GENERAL DESCRIPTION**

This course offers the students the participation as an observer of medical assistance in clinical cases of high and low complexity in the Gynecology and Obstetrics Divisions at the *Hospital das Clínicas da Faculdade de Medicina da Universidade de São Paulo (HC-FMUSP)*. The program will focus on the discussion of clinical cases in the various topics of the specialty and comparison with medical care provided in other countries.

# **COURSE OBJECTIVES**

The main objective of this course is to provide observational experience of high and low complexity care in Gynecology and Obstetrics at the HC-FMUSP Complex Divisions, with a deep understanding of women's health in the Brazilian context.

#### **TEACHING METHODS**

Observational practice of different areas of outpatient and surgical activities, with discussion of clinical cases, protocols and reflection on regional differences. Students will be invited to present the overview of women's health in their countries of origin in its various aspects, compared to the Brazilian reality.

Students will be assessed as to attendance, interest, punctuality, ethical position and capacity for interaction. At the end, there will also be a test about the content, with objective questions and tests.

#### WHO SHOULD ATTEND?

Medicine students interested in Gynecology and Obstetrics, in the Brazilian context, and who already have a notion of Anatomy, Physiology and Semiology in Gynecology and Obstetrics.

# Faculty:

Professor Dr. José Maria Soares Junior, Dr. Marco Aurélio Knipell Galletta, Professor Dra Rossana Pulcineli Vieira Francisco and professionals of the Department of Obstetrics and Gynecology.

**Course material:** the materials will be available during the course.



# Neglected Tropical Diseases and Emerging Viral Infections: Health Challenges in Brazil in the 21st Century

#### **DEPARTMENT OF INFECTIOUS DISEASES**

#### GENERAL DESCRIPTION

Neglected tropical diseases (NTD) constitute a diverse group of infectious diseases that affect mainly the poorest populations of the globe, whereas emerging infections are defined as those whose incidence in humans has increased in the past 2 decades or threaten to increase in the near future.

Brazil and other Latin American countries still present a significant burden of disease caused by NTD. In addition, these areas of the globe have recently been affected by outbreaks of emerging viral infections with remarkable public health impact. Knowledge about host-pathogen mechanisms and the recognition of social and environmental determinants of both NTD and emerging infections is crucial for the clinical management of individual cases and for the development and implementation of efficient prevention and control measures. In this intensive course students will be exposed to clinical and public health aspects of NTD that are epidemiologically relevant in Brazil, such as leprosy, Chagas' disease, leishmaniasis, schistosomiasis and soil-transmitted helminthic diseases.

In addition, malaria, tuberculosis and poisonous animal bites will be discussed. A special attention will be given to the recent COVID-19 pandemic in our country and to Brazilian outbreaks of emerging arboviral infections, including dengue, chikungunya, zika and yellow fever.

# **COURSE OBJECTIVES**

To enhance participants' skills in:

- understanding host-pathogen interactions in NTD, emerging viral infections and other important infectious diseases
- recognizing clinical features of these diseases
- understanding interventions that are recommended for their management, prevention and control

# **TEACHING METHODS**

Students will participate in interactive sessions that will cover from bench to bedside and from bedside to field perspectives of NTD and emerging viral infections, consisting of background lectures, clinical rounds in inpatient wards and visits to outpatient clinics and research laboratories. Assessment will be based on the evaluation of students' participation in course activities and on their performance in a test to be given at the end of the course.



#### WHO SHOULD ATTEND?

Medical students with some pre-clinical knowledge interested in NTD, emerging viral infections and/or global health determinants and challenges.

Coordinator(s): Aluisio Cotrim Segurado, MD, PhD

**Faculty:** Professors of the Department of Infectious Diseases and Senior Clinicians at Hospital das Clinicas - Division of Infectious Diseases

Prerequisites: Basic science knowledge

**Course material:** Mandell, Douglas and Bennett's Principles and Practice of Infectious Diseases, edited by John Bennett, Ralph Dolin, and Martin Blaser, 9th edition, Churchill-Livingston, 2019. Additional material will be provided in class.



# Physical and Rehabilitation Medicine

DEPARTMENT OF LEGAL MEDICINE, BIOETHICS, OCCUPATIONAL MEDICINE AND PHYSICAL AND REHABILITATION MEDICINE

#### **GENERAL DESCRIPTION**

Physical and Rehabilitation Medicine, also known as Physiatry, is a medical specialty dedicated to the diagnosis, evaluation and care of people of all ages who experience disability. This art involves the diagnosis and treatment of patients with disabling health conditions and aims to assist them to achieve their full bio-psycho-social potential, embracing physical, functional, psychological and social factors.

It recovers what is possible, adapts what is not (or does it until it is), and trains and supports people to face their new reality. In rehabilitation, diagnosis is carried out by clinical methods and additional assessments. providing rehabilitation care involves the use of preventive and therapeutic measures, training, and support, with attention to risk factors, preexisting comorbidities and impairments.

Therapeutic measures involve the use of medications, clinical procedures, rehabilitation therapies, and assistive technology (orthotics, prosthetics, and mobility aids), besides rehabilitation technologies such as rehabilitation robotics for upper and lower extremities.

#### **COURSE OBJECTIVES**

The course aims to prepare students to acknowledge the most important factors that interfere in assessing and treating impairments and disability, through a clinical approach, including medical and therapeutic interventions.

#### **TEACHING METHODS**

- Students should improve their ability to assist patients using a comprehensive approach, considering their bio-psycho-social context.
- The course focuses on functional assessments and is oriented towards disabling pain syndromes, brain and spinal cord injuries, amputations, cerebral palsy and cancer rehabilitation.
- This knowledge, skills and attitudes are transmitted through theoretical and practical classes offered at the in- and outpatient services of the Physical and Rehabilitation Medicine Institute of the University of São Paulo Medical School General Hospital.
- Classes consist of a 30 minute lecture followed by a monitored clinical and practical session, which count on the participation when feasible, and as indicated in the course's program of volunteer patients. All classes are only concluded after a group discussion on the subject and an individual assessment of that session's content.
- Besides a daily evaluation for immediate feedback, students will have a final test by the end of the course.



- During the course, other facilities of our institute will be visited, which include outreach rehabilitation units in the community and an inpatient rehabilitation center.

# WHO SHOULD ATTEND?

Medical students who are compassionate and eager to effectively address the major demands of the world of Physiatry.

Previous classes gathered medical students from 2nd to 8th semester of their medical course, coming from Belgium, Brazil, Chile, Colombia, France, Japan, Mexico, the Netherlands, United Kingdom, Uruguay, and the USA.

**FACULTY:** Prof. Dr. Marta Imamura, Prof. Dr. Linamara Rizzo Battistella Professors and health care team from Physical and Rehabilitation Medicine Institute

#### **COURSE MATERIAL:**

Literature references and supporting materials (including slide decks, videos, and other media files) will be shared online, using Google Classroom resources.

# PREREQUISITES:

Not applicable. Medical students enrolled from the 3rd semester on are preferred.



# Neurology Clinical Reasoning

#### **DEPARTMENT OF NEUROLOGY**

#### **GENERAL DESCRIPTION**

Patient based learning of neurologic and cognitive exaemination in various different neurological diseases: neuromuscular disroders, neuroinflammatory and infectious diseases, cognitive decline and dementia, movement disorders, headache, cerebrovascular diseases.

# **COURSE OBJECTIVES**

The student will be able to take a neurological history and perform a complete neurological and cognitive exam

The student will learn a step-by-step approach to neurological clinical reasoning (establish a syndomic diagnosis – which neurological systems are affected by the disease, a topographical diagnosis – where is the lesion located in the nervous system), to elaborate a differential diagnosis and therapeutic plan

# **TEACHING METHODS**

Patient examination and beside discussions with supervision
Discussion of prototypical cases in the different neurological sub areas
Duscussion of relevant neuroimaging and other ancillary methods findings
Discussion of therapeutic plan



#### WHO SHOULD ATTEND?

3rd-6th year medical students (in countries with a 6 year curriculum)
3rd-4th year medical students (US, Canada or countries with a 4 year curriculum)

# **Coordinators:**

· Luiz Henrique Martins Castro

# **COURSE MATERIAL:**

Google Classroom

# PREREQUISITES:

Experience in Neuroanatomy and neurophysiology



# Acute Care Surgery and Trauma

#### **DEPARTMENT OF SURGERY**

#### **GENERAL DESCRIPTION**

The emergency department of the Hospital das Clinicas is the main trauma center in São Paulo. It has a specialized multidisciplinary team for trauma patients and also serves as a referral center for acute care surgery (mainly acute abdomen in critical and oncologic patients). The hospital provides cutting edge technology and high-quality surgical care to an area comprising almost 5 million people. The discipline of general surgery and trauma is also committed with the training of medical students and residents. They are exposed to complex and challenging cases and receive a unique training in emergency surgery.

# **COURSE OBJECTIVES**

- Evaluate the complex trauma patient and recognize diagnostic and operative management principles.
- Recognize the acute abdomen, focusing on diagnostic and treatment challenges.
- Provide critical analysis of the imaging findings in surgical emergencies (tomography and ultrasound)
- Evaluate the postoperative management of complex trauma and acute care surgery in the intensive care unit

#### **TEACHING METHODS**

- Cases and papers discussion
- Trauma management: atls simulation
- Rounds in the emergency department and emergency surgical intensive care unit
- Operative room exposure
- Point of care ultrasound basics
- Cadaver dissection and anatomy
- Surgical Skill Laboratory Technique



#### WHO SHOULD ATTEND?

Medical Students From The Last Two Years Of Medical School

# Coordinator(s):

Professor Edivaldo Massazo Utiyama / Dr. Roberto Rasslan

# Faculty:

Carlos Augusto Menegozzo, Francisco Collet de Salles e Silva, Jeammy Andrea Parra Perez e Vitor Marcondes Ramos

#### Course material:

**Review Papers** 

# Prerequisites:

Fluency in spoken and written English



# Psychiatric Interview

# Department of Psychiatry

#### GENERAL DESCRIPTION

THIS COURSE WILL HELP YOU TO LEARN SOME OF THE MAIN MEDICAL AND PSYCHIATRIC INTERVIEW TECHNIQUES.

YOU WILL LEARN HOW TO STABLISH A GOOD RAPPORT, THE DIFFERENT PHASES AND CONTENTS OF THE INTERVIEW; PHENOMENOLOGIC INTERVIEW; COMPREHENSIVE INTERVIEW; NOSOLOGIC INTERVIEW; PERSONALITY FOCUS INTERVIEW; HOW TO AVOID COMMON ERRORS; HOW TO DEAL WITH DIFFICULT MOMENTS; MOTIVATIONAL INTERVIEW; CULTURAL SENSITIVE INTERVIEW; SPIRITUAL AND RELIGION ISSUES INTERVIEW; STRATEGIES AND TATICS OF THE INTERVIEW; USEFUL INTERVIEW TECHNIQUES.

THE MOST FREQUENT PSYCHIATRIC SYMPTOMS AND THE TECHNIQUES TO DIAGNOSE THEM WILL BE PRESENTED AND DISCUSSED.

HOW TO DO A BIOPSYCHOSOCIAL FORMULATION WILL ALSO BE PRESENTED.

#### **COURSE OBJECTIVES**

AT THE END OF THIS COURSE THE STUDENT SHALL BE ABLE TO PERFORM A GOOD MEDICAL OR PSYCHIATRIC INTERVIEW AND TO RECOGNIZE SOME OF THE MAIN PSYCHOPATHOLOGICAL SYMPTOMS.

# **TEACHING METHODS**

**LECTURES** 

**ROLEPLAY EXERCISES** 

CLINICAL VIDEOS AND SCENES FROM COMMERCIAL FILMS AND EXCERPTS FROM GRAPHIC NOVELS.

CLINICAL CASES WILL BE PRESENTED AND DISCUSSED.

VISITS TO WARDS AND SERVICES.



# WHO SHOULD ATTEND?

Medical students

Coordinator(s): Prof. Francisco Lotufo Neto & prof. Orestes Vicente Forlenza

Course material: Will be posted in the Google Class Room

Prerequisites: none



# Clinical and Surgical Gastroenterology DEPARTMENT OF GASTROENREROLOGY

# **GENERAL DESCRIPTION**

The administrative sector of the Clinical Gastroenterology Service operates on the same floor as the Gastric Surgery Service. The wards of both services also operate on the nineth floor of the Central Institute of the Hospital das Clínicas.

The Clinical Gastroenterology Service has the outpatient clinics related to diseases of the esophagus, stomach, intestines and pancreas operating in the same space in the outpatient building, which is located next to the Central Institute.

Regarding liver diseases, there are specific clinics related to viral hepatitis, non-alcoholic fatty liver disease, liver nodules and hepatocellular carcinoma, metabolic and autoimmune liver diseases and cholestasis. These outpatient clinics operate in the outpatient clinic building. The service also provides care for liver transplantation patients and those on the transplant list. It also has the propaedeutic services of digestive endoscopy, phmetry and esophageal electromanometry and liver imaging (abdominal ultrasound and liver elastography).

There are also didactic activities in meetings with discussion of clinical cases and presentations of updates on important topics in the specialty.

#### **COURSE OBJECTIVES**

To discuss the specific gastrointestinal diseases focusing on epidemiology, pathogenesis, diagnosis, treatment (medical and surgical) and outcomes, all based on real cases.

Visitors will live the day-by-day practice at our department.



# **TEACHING METHODS**

Didactic (academic) visits to patients' wards and consultations at the outpatients clinic with a tutor/professor.

Lectures and case discussions.

Participation in daily medical activities at our department.

# WHO SHOULD ATTEND?

Medical students

**Coordinators:** Profa. Suzane Kioko Ono, Prof. Paulo Herman; Prof. Wellington Andraus; Prof. Eduardo Cançado

#### **COURSE MATERIAL:**

Students will receive a pdf with the most important articles or chapters written by members from our team.

# PREREQUISITES:

Medical students from 4th, 5th and 6th years



# Contact us

Email for contact / general inquiries winterschools@fm.usp.br

**FMUSP International Office** 

# Coordinator

Talita de Almeida

#### Staff

Douglas Bartholomeu João dos Reis Luciane Demuner

Website: http://www.fm.usp.br/en/international/winter-schools

Facebook: <a href="https://www.facebook.com/fmuspwinterschool/">https://www.facebook.com/fmuspwinterschool/</a>

Hours: Monday to Friday from 8am to 3pm

# Address

International Office FMUSP Av. Dr. Arnaldo, 455 Main Building - Room 2105 01246-903 São Paulo, Brazil