

# Progressive autonomy and daily life of institutionalized children and adolescents with intellectual disabilities

Gutiérrez, P., Morrison, R., Bustos, J., Frías, C., Luna, E., Díaz, C., Galaz, C

Department of Occupational Therapy and Occupational Science, University of Chile.

## INTRODUCTION

Institutionalization has been one of the main responses that Chilean public policy has given to children and adolescents that has been violated in their rights, however since the promulgation of the Convention on the Rights of Persons with Disabilities and the Convention on the Rights Of the Child, it is urgent to advocate for the development of progressive autonomy and community life.

## OBJETIVES

To evaluate the activities of the Children and Adolescents With Intellectual Disabilities regarding the development of progressive autonomy in two residences of the National Service for Minors in Chile network of the Metropolitan Region in Chile.

## METHODOLOGY

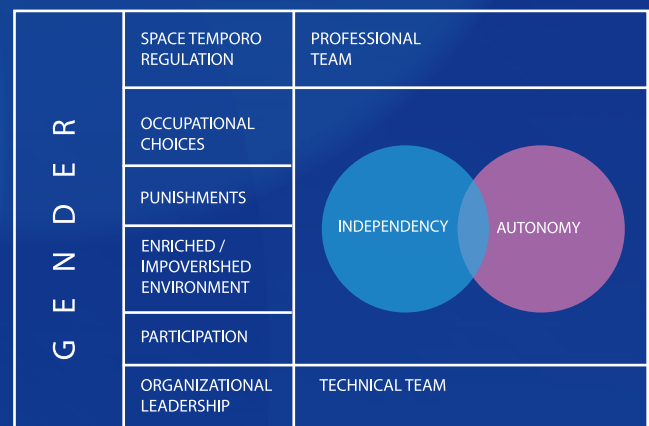
A mixed method research was developed. The ethnographic approach used participant observation, in-depth interviews, and field notes. The quantitative methodology applied a pattern of observational indicators of progressive autonomy will be designer.

## CONCLUSION

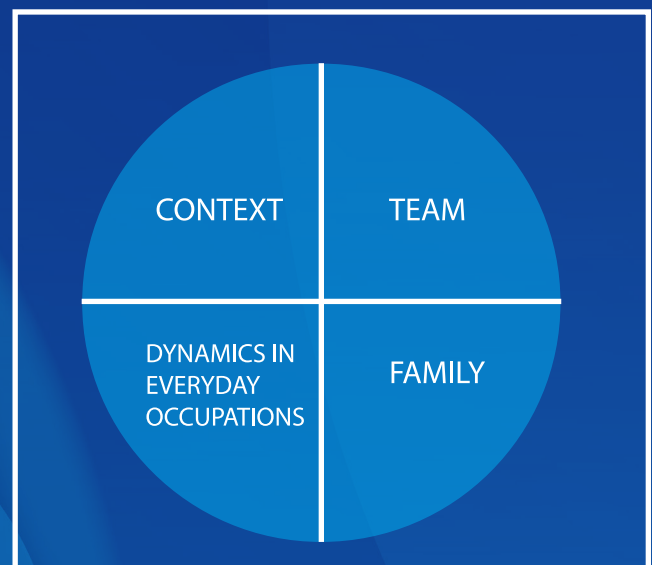
Environmental aspects are considered relevant for the promotion of the progressive autonomy of the children and adolescents with intellectual disabilities in the residences investigated. At the same time, the approaches of professional and technical teams in the development of progressive autonomy becomes relevant. To address the conditions in which people perform their daily occupations, in order to make the space of institutionalization, a place that provides an opportunity for full development, guaranteeing autonomy and social participation, with the purpose that people can be integrated into society (Azevedo and Galheigo, 2011)

## RESULTS OR PRACTICAL IMPLICATIONS

### AUTONOMY IN DAILY LIFE IN INSTITUTIONS



### FACILITATORS AND IMPEDIMENTS IN INSTITUTIONS



Departamento de Terapia  
Ocupacional y Ciencia de la Ocupación

FACULTAD DE MEDICINA  
UNIVERSIDAD DE CHILE

Pamela Gutiérrez Monclus, Phd in Social Psicology, O.T., Master.  
Department of Occupational Therapy and Occupational Science,  
University of Chile.  
pamelagutierrez@uchile.cl