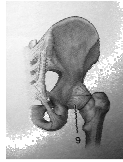


Evolución de la bipedestación: aspectos biomecánicos, energéticos y evidencia del registro fósil



0_ Discusión de hipótesis que proponen causas de bipedestación

1_ Condiciones biomecánicas de bipedestación: Anatomía comparada de antropoides; pelvis + extremidades posteriores



2_ Eficiencia energética de la marcha bípeda

3_ Evidencia del registro fósil: Estados transicionales de marcha bípeda facultativa en homínidos (*Ardipithecus ramidus*)



Prof. Germán Manríquez, Biólogo, Ph.D., Mg. Biol. Sc.
GENETICA, ICBM, FACMED + ANTROPOLOGIA FISICA, FACSO; UCHILE
2012

Sitios y recursos (aporte Thomas Püschel)

Liebermann web site

<http://www.fas.harvard.edu/~skeleton/PDFList.html>

Video sobre caza de

persistencia: http://www.youtube.com/watch?v=826HMLoiE_o

Video de Lieberman para

Nature: <http://www.youtube.com/watch?v=7jrnj-7YKZE>

Recursos disponibles en el animal simulation

laboratory: <http://www.animalsimulation.org/>

Texto

Aiello, L., Dean, M.C., 1990. *An Introduction to Human Evolutionary Anatomy*. Academic Press, London.

Evolución de la bipedestación: Hipótesis

Hipótesis que buscan entender bipedestación.

Todas ellas afirman que es una forma de locomoción exitosa en la evolución, porque:

Es energéticamente más eficiente

Facilita la obtención de alimento

Mejora capacidad de cuidado de las crías

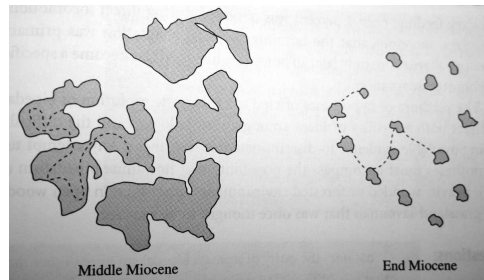
Ayuda a huir de los predadores con mayor rapidez

Optimiza las migraciones en manada

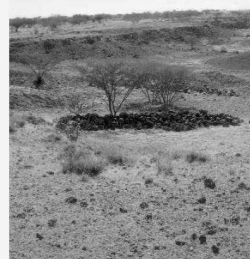
Permite liberación de las manos

Estas hipótesis solo tienen sentido a la luz de los grandes cambio climáticos y ecológicos que ocurren en el Mioceno tardío y Plioceno (5 My)

Ocurre un enfriamiento global con breves período (no más de 15Ky) de desglaciación. La vegetación en Africa se caracterizó por un clima más seco, con aumento significativo de los pastizales dando origen a la actual sabana.



Past and present. *Ardipithecus*'s woodland was more like Kenya's Kibwezi Forest (left) than Aramis today.



Prof. Germán Manríquez, 2011

Evolución de la bipedestación: Robustez de las hipótesis

Hipótesis que buscan entender bipedestación.

Todas ellas afirman que es una forma de locomoción exitosa en la evolución, porque:

Es energéticamente más eficiente

Facilita la obtención de alimento

Mejora capacidad de cuidado de las crías

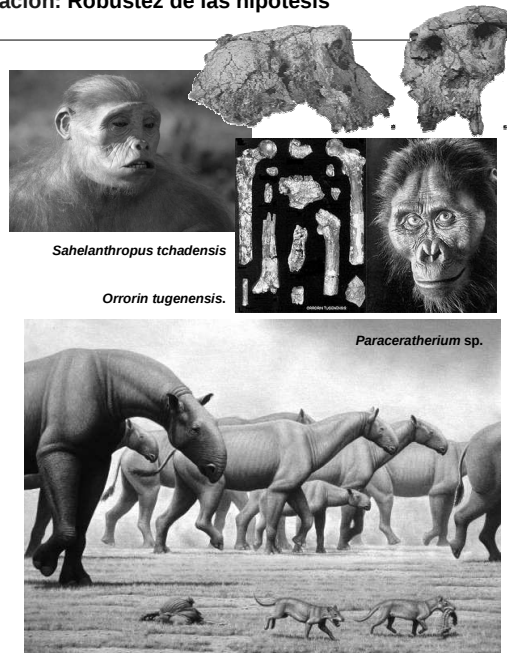
Ayuda a huir de los predadores con mayor rapidez

Optimiza las migraciones en manada

Radiación adaptativa de los artiodáctilos (camélidos, bóvidos, cérvidos, etc), fitófagos, pacedores, con sistemas digestivos y dentición de rumiante, conducta de manada.

Primeros fósiles de homínidos (aprox. 6My): *Sahelanthropus tchadensis* y *Orrorin tugenensis*.

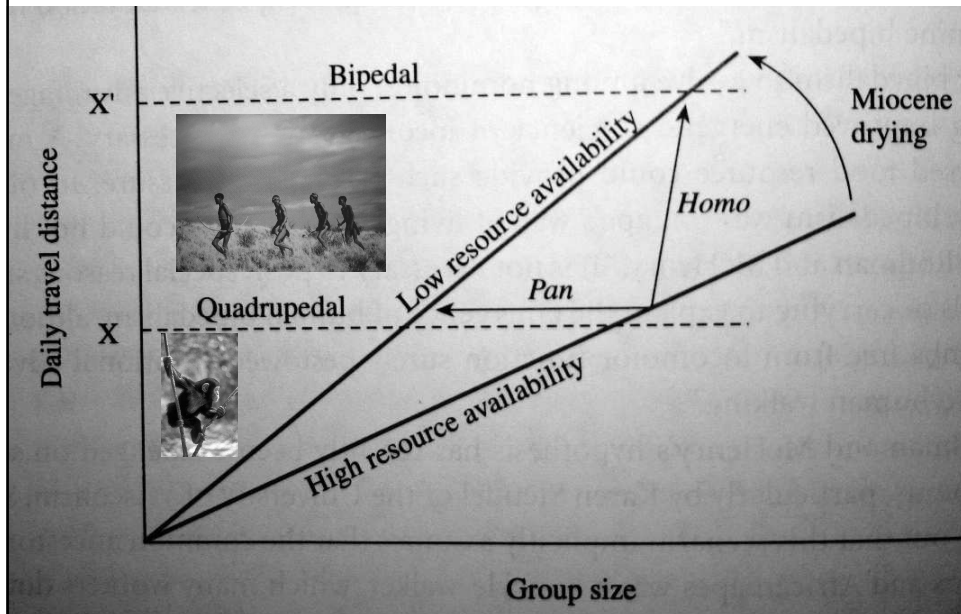
La hipótesis adaptacionista que no puede ser contrastada: *Bipedestación como necesidad para liberar las manos*



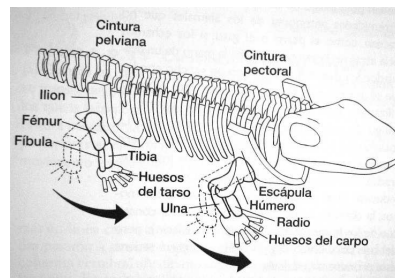
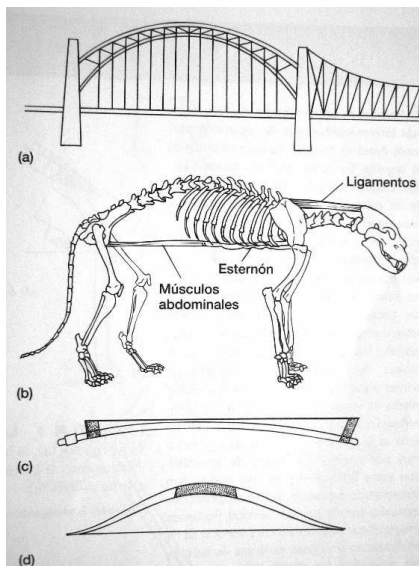
Prof. Germán Manríquez, 2011

Evolución de la bipedestación: Robustez de las hipótesis

Es energéticamente más eficiente y optimiza migraciones en manadas



Evolución de la bipedestación: Condiciones biomecánicas



Analogías estructurales

Tetrápodo = Puente

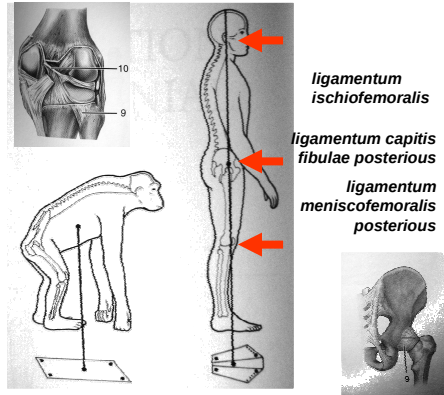
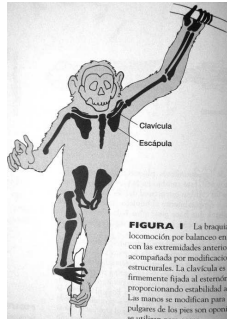
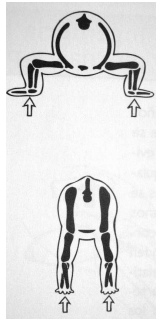
Patas = Pilares (Compresión)

Vértebras = vía

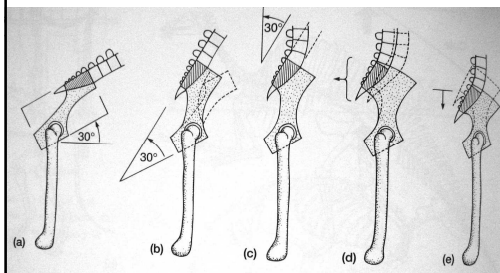
Músculos y ligamentos = cadenas (Tensión)

Prof. Germán Manríquez, 2011

Evolución de la bipedestación: Condiciones biomecánicas

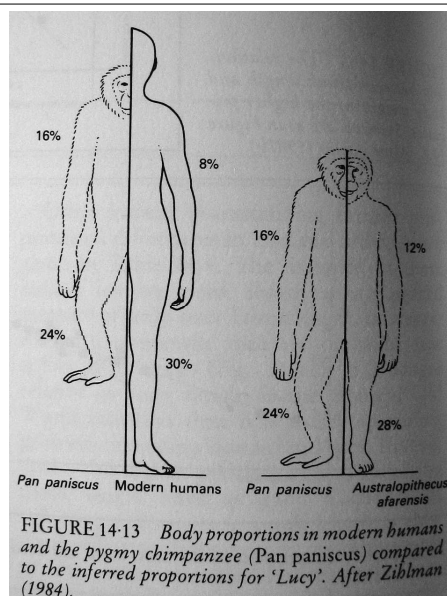
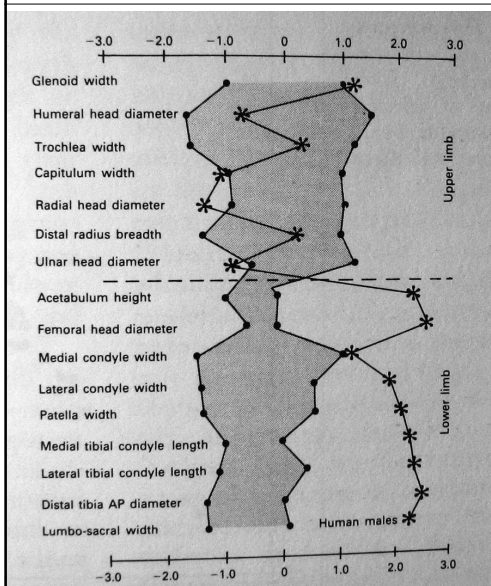


Centro de gravedad y musculatura asociada: principales diferencias anatómicas asociadas con posición del foramen magno, presencia de ligamentos pélvicos y fíbulo-femorales



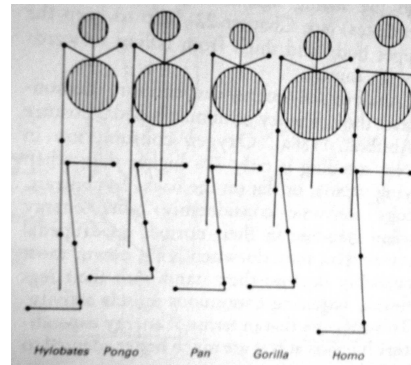
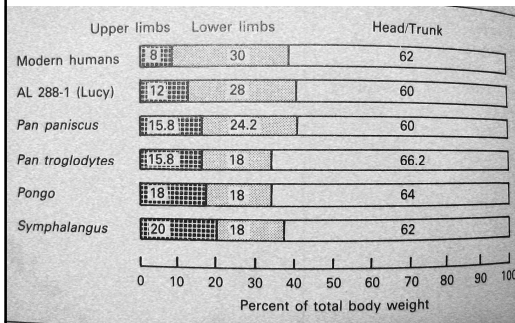
Prof. Germán Manríquez, 2011

Condiciones biomecánicas de la postura ortógrada y de la marcha bípeda obligada (pelvis + extremidades posteriores)



Condiciones biomecánicas de la postura ortógrada y de la marcha bípeda obligada
(pelvis + extremidades posteriores)

b) Las principales diferencias están en forma, tamaño, y proporción relativa de los huesos del esqueleto apendicular, que dan soporte pero además son palanca biomecánica



Condiciones biomecánicas de la postura ortógrada y de la marcha bípeda obligada
(pelvis + extremidades posteriores)

TABLE 14-3 Ontogenetic changes in body proportions in humans and the apes. Indices are determined on the basis of external measurements on cadavers and not on the basis of bone lengths. After Schultz (1956).

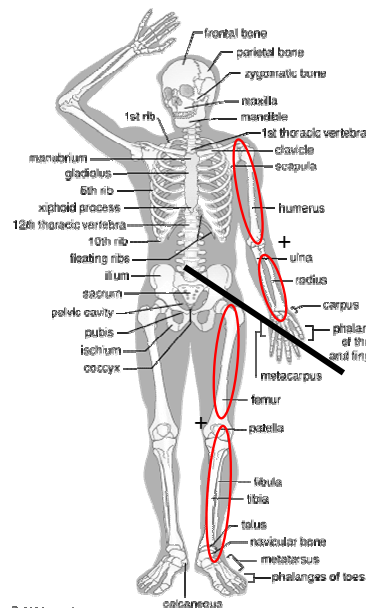
		N	Intermembral index ^a	Crural index ^b	Brachial index ^c
<i>Hylobates</i>	ad	80	165	85	108
<i>Hylobates</i>	nb	2	154	80	96
<i>Symphalangus</i>	ad	9	178	84	107
<i>Symphalangus</i>	nb	2	172	80	93
<i>Pongo</i>	ad	13	172	88	99
<i>Pongo</i>	nb	4	174	84	94
<i>Pan</i>	ad	30	136	83	91
<i>Pan</i>	nb	17	146	83	89
<i>Gorilla</i>	ad	5	138	83	80
<i>Gorilla</i>	nb	2	147	78	83
<i>Homo</i>	ad	25	88	83	76
<i>Homo</i>	nb	20	104	79	80

nb = new born, ad = adult.

^aIntermembral index = [(total upper limb length × 100)/total lower limb length] where total upper limb length includes the length of the hand and total lower limb length includes the thickness of the sole of the foot.

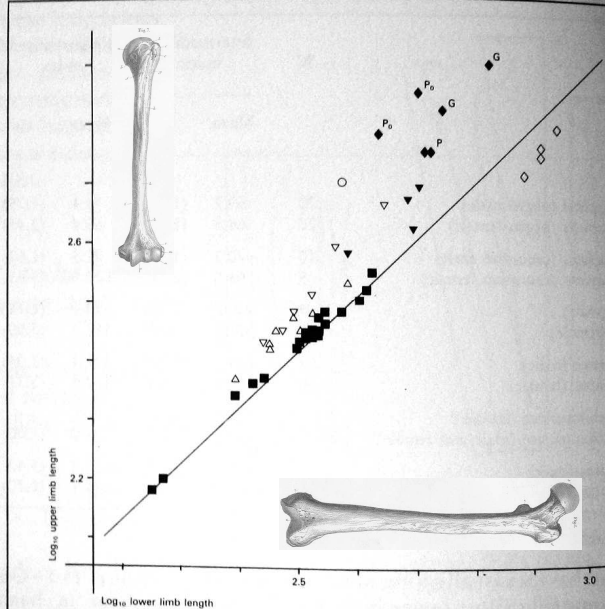
^bCrural index = [(leg length × 100)/thigh length] where leg length excludes the foot.

^cBrachial index = [(forearm length × 100)/upper arm length] where forearm length excludes the length of the hand.



Condiciones biomecánicas de la postura ortógrada y de la marcha bípeda obligada
(pelvis + extremidades posteriores)

FIGURE 14-6 The length of the lower limb in relation to the length of the upper limb in higher primates. Males and females of each species plotted separately. (■) = arboreal Old World monkeys; (▼) = baboons; (△) = macaques; (▽) = New World monkeys; (○) = gibbons; (◆) = great apes; (◇) = humans (caucasian and black). Po = orang-utan, P = chimpanzee, G = gorilla. The principal axis line is based on arboreal Old World monkeys. After Aiello (1981b).



Anatomía comparada de antropoides; pelvis + extremidades posteriores:
Condiciones anatómicas de la postura ortógrada y de la marcha bípeda obligada

Diferencias en estructura de vértebras cervicales

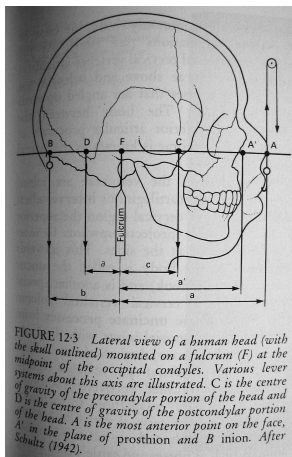


FIGURE 12-3 Lateral view of a human head (with the skull outlined) mounted on a fulcrum (F) at the midpoint of the occipital condyles. Various lever systems about this axis are illustrated. C is the centre of gravity of the precondylar portion of the head and D is the centre of gravity of the postcondylar portion of the head. A is the most anterior point on the face, A' in the plane of prosthion and B inion. After Schultz (1942).

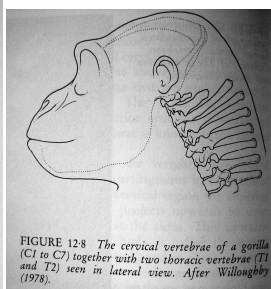
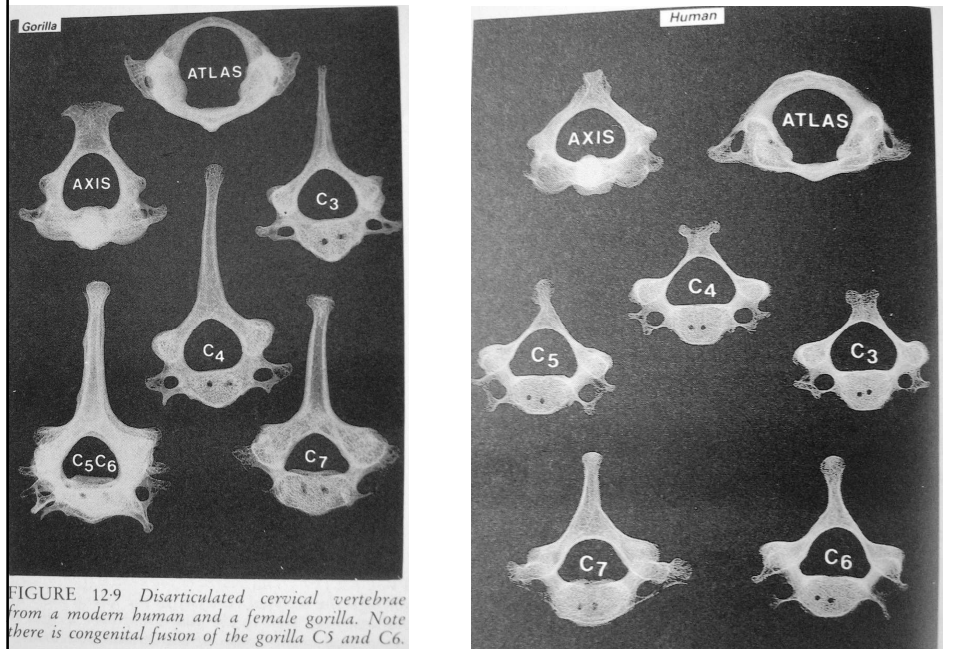


FIGURE 12-8 The cervical vertebrae of a gorilla (C1 to C7) together with two thoracic vertebrae (T1 and T2) seen in lateral view. After Willoughby (1978).

Vertebral number	Monkeys	Apes	Modern humans
19	△	△	△
20	○	△	○
21	○	△	○
22	○	○	○
23	○	□	○
24	○	□	○
25	○	□	□
26	○	□	□
27	□	□	□
28	□	□	□
29	□	□	□

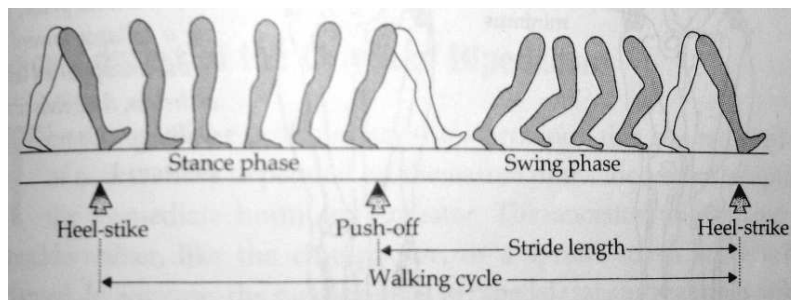
FIGURE 15-6 The 19th to the 29th vertebrae in monkeys, apes and humans. (△) = Thoracic vertebrae; (○) = lumbar vertebrae; (□) = sacral vertebrae. Superimposed symbols indicate variation within the apes. After Abúbol (1987b).

**1. Anatomía comparada de antropoides; pelvis + extremidades posteriores:
Condiciones anatómicas de la postura ortógrada y de la marcha bípeda obligada**



Evolución de la bipedestación: Aspectos energéticos

Pero ¿Cómo lograrlo de manera óptima? ¿Es energéticamente más eficiente la marcha bípeda de *H. sapiens* que la marcha tetrápoda obligada de otros primates?



Evolución de la bipedestación: Aspectos energéticos (Lieberman et al, 2010)

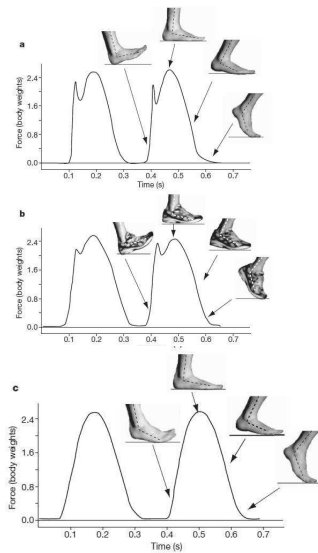
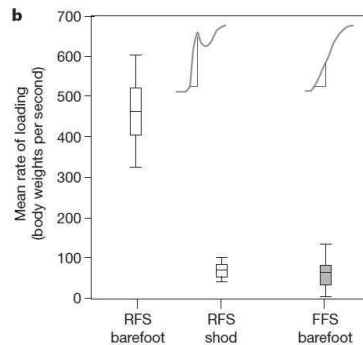


Figure 1 | Vertical ground reaction forces and foot kinematics for three foot strikes at 3.5 m s^{-1} in the same runner. a, RFS during barefoot heel-toe running; b, RFS during shod heel-toe running; c, FFS during barefoot toe-toe running. Both RFS gaits generate an impact transient, but shoes slow the transient's rate of loading and lower its magnitude. FFS generates no impact transient even in the barefoot condition.



Differences between RFS and FFS running make sense from an evolutionary perspective. If endurance running was an important behaviour before the invention of modern shoes, then natural selection is expected to have operated to lower the risk of injury and discomfort when barefoot or in minimal footwear. Most shod runners today land on their heels almost exclusively. In contrast, runners who cannot or prefer not to use cushioned shoes with elevated heels often avoid RFS landings and thus experience lower impact transients than do most shod runners today, even on very stiff surfaces (Fig. 2). Early

LETTERS

Foot strike patterns and collision forces in habitually barefoot versus shod runners

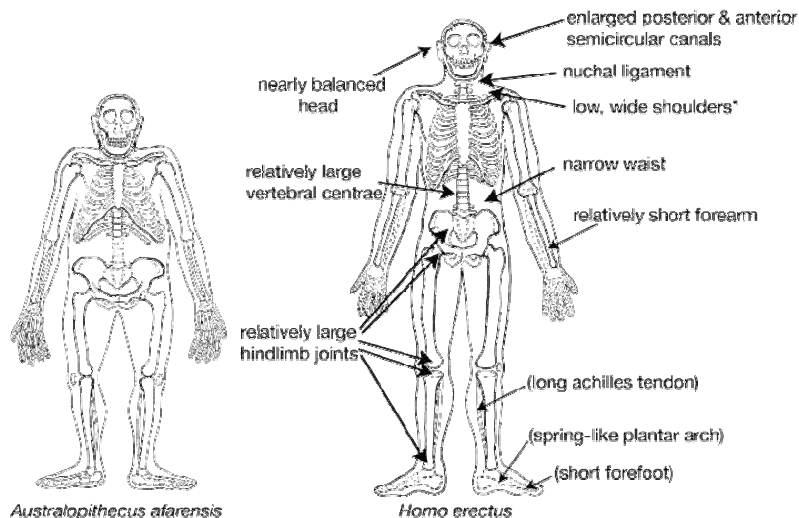
David E. Lieberman¹, Matthew A. Vrielink^{1,2}, William A. Vrielink^{1,2}, Adam L. Daulton¹, Susan D. Arnold¹, Kevin S. Jones², Robert O. Oatis¹, Margaret A. & Patrick P. P. P.

Evolución de la bipedestación: Aspectos energéticos (Lieberman et al, 2009)

Importancia evolutiva de los caracteres derivados en *H. erectus*, ausentes en *A. afarensis*

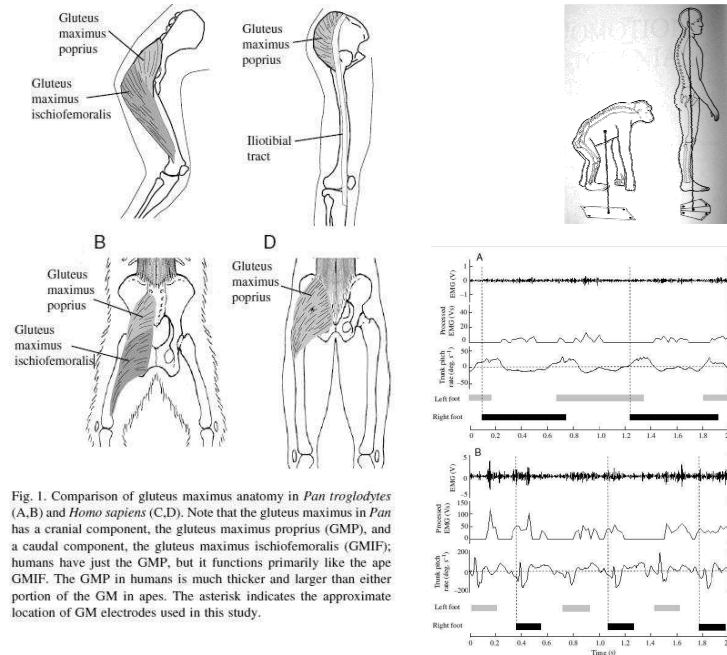
Aumento en la eficiencia locomotora y de resistencia en la carrera,

Capacidad de termoregulación en condiciones de climas secos calientes y áridos



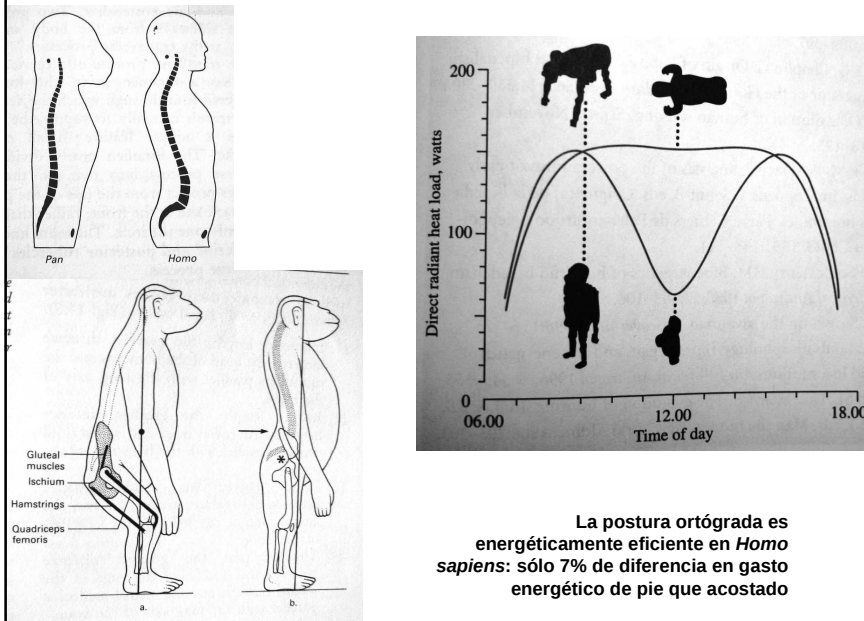
Evolución de la bipedestación: Aspectos energéticos (Lieberman et al, 2006)

El centro de gravedad cambia y se desplaza hacia delante durante la carrera, aumentando al energía potencial acumulada con cada nuevo salto

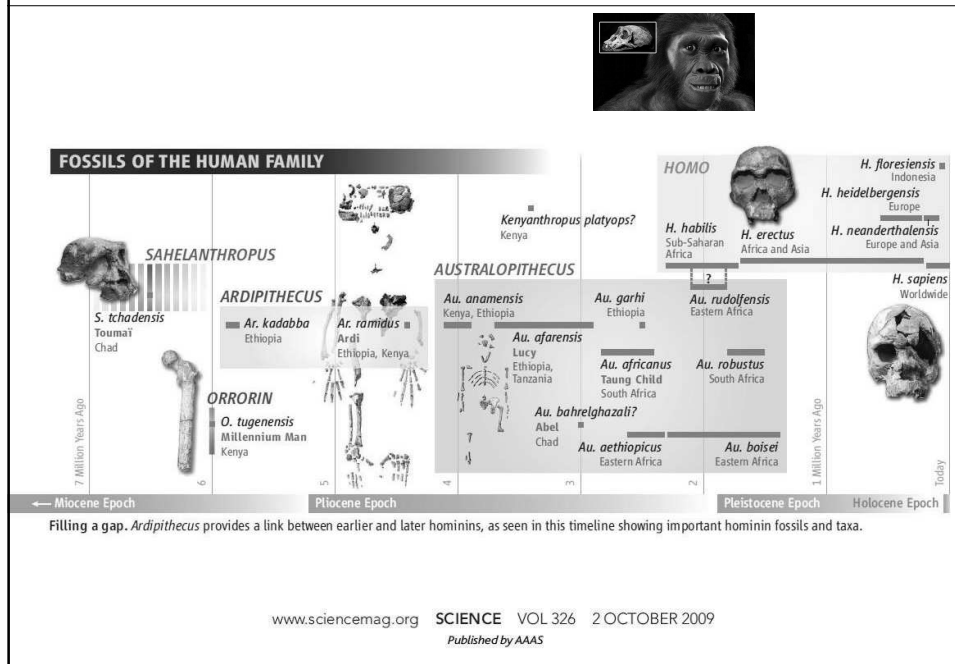


Evolución de la bipedestación: Aspectos energéticos (Aiello & Dean, 1990)

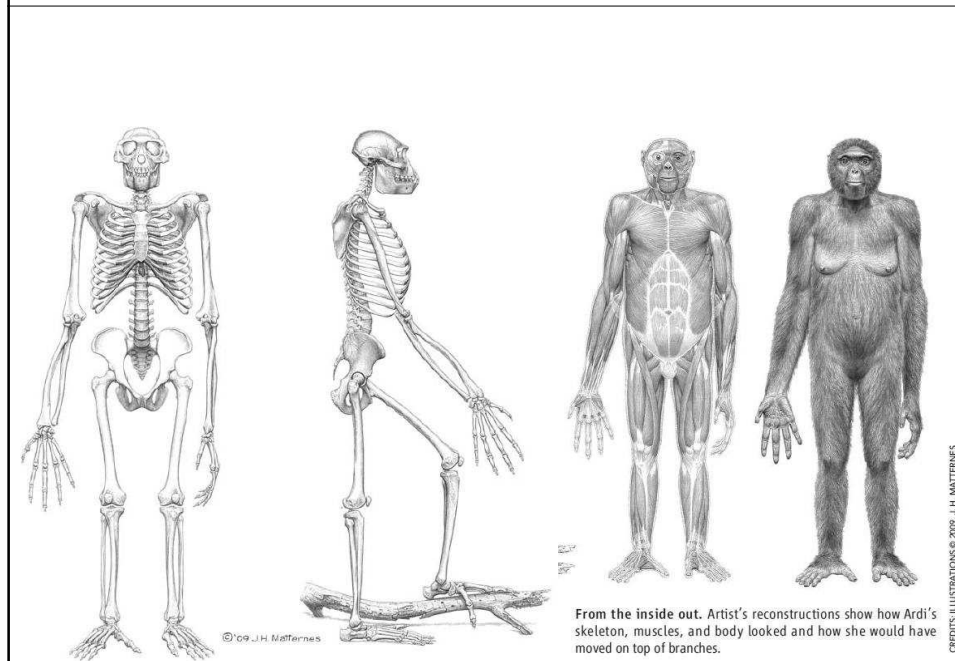
Diferencias en costo energético de la postura ortógrada



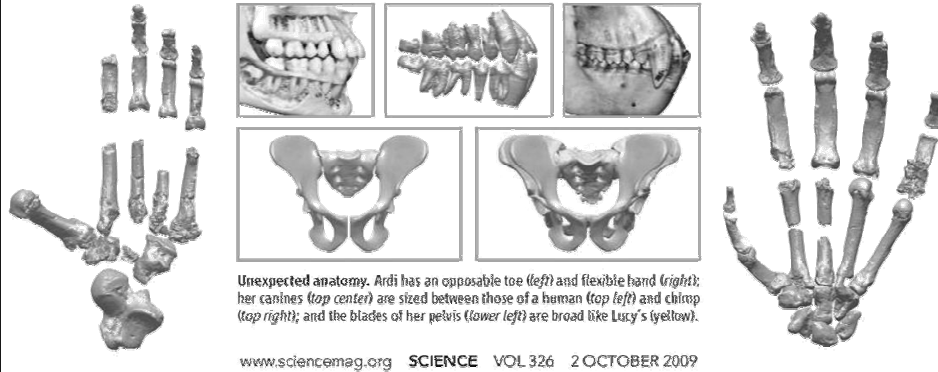
Estados transicionales de marcha bipeda facultativa en homínidos; *Ardipithecus ramidus*:
 Science, October 2th, 2009



Estados transicionales de marcha bipeda facultativa en homínidos; *Ardipithecus ramidus*:
 Science, October 2th, 2009



Estados transicionales de marcha bipeda facultativa en homínidos; *Ardipithecus ramidus*:
Science, October 2th, 2009

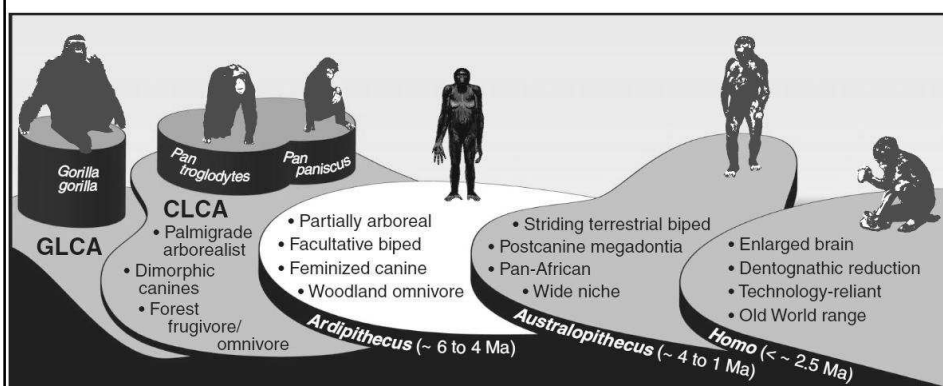


Manos: *Ardipithecus ramidus* (izq), *Homo sapiens* (der)

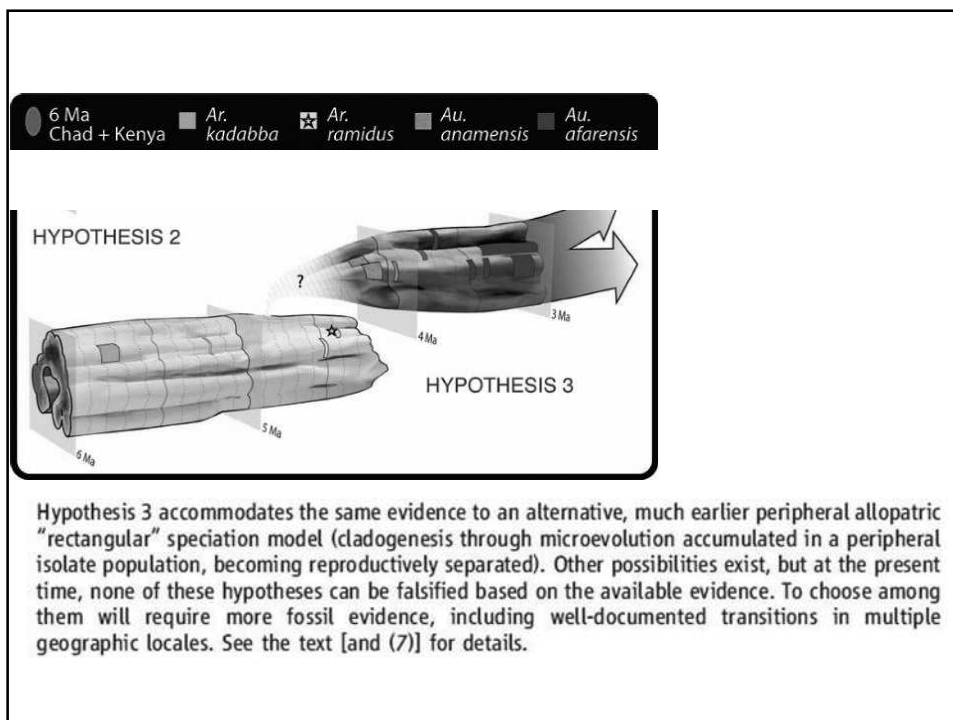
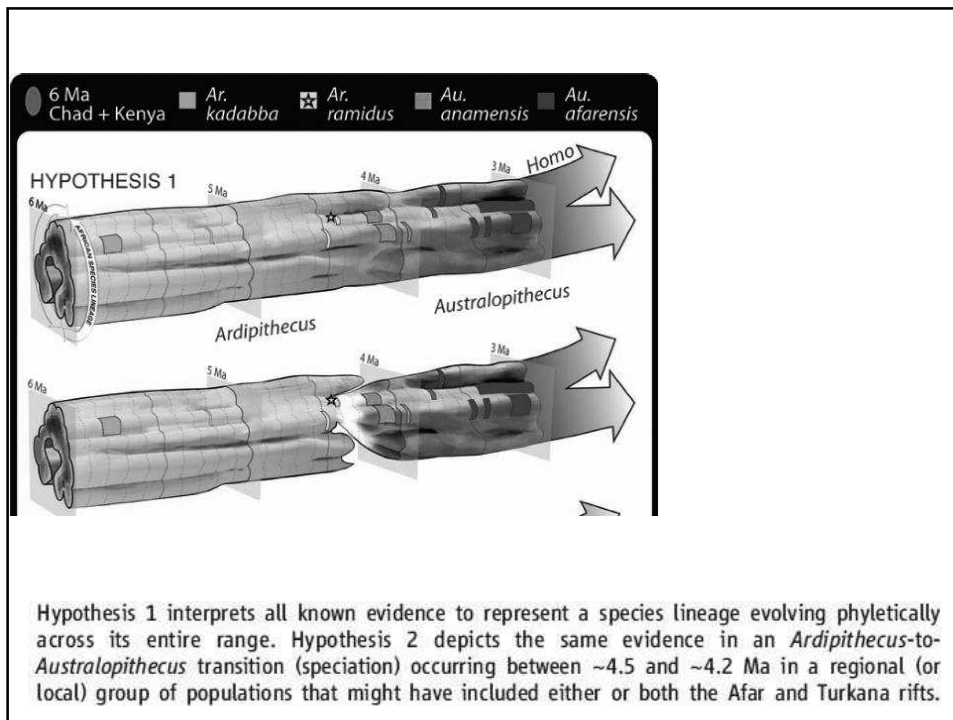
Caninos: *H. sapiens* (izq), *A. ramidus* (centro), *Pan troglodytes* (der)

Pelvis: *A. ramidus* (izq), *A. afarensis* sobrepuesta (en amarillo)

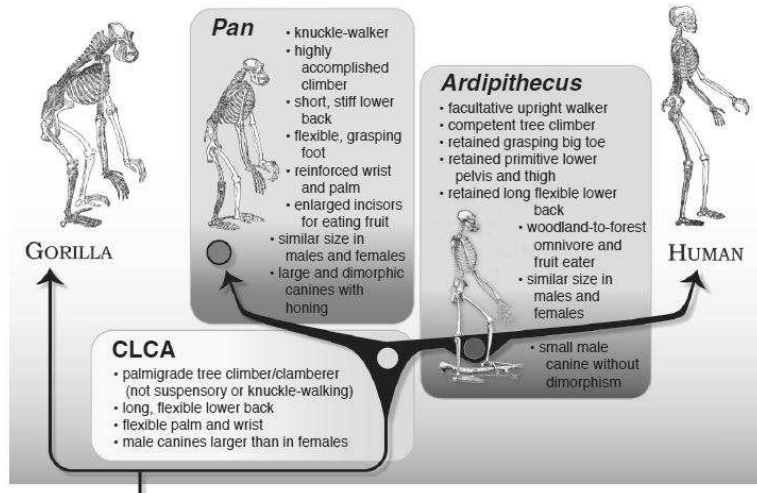
2_ Estados transicionales de marcha bipeda facultativa en homínidos; *Ardipithecus ramidus*:
Science, October 2th, 2009



Evolution of hominids and African apes since the gorilla/chimp+human (GLCA) and chimp/human (CLCA) last common ancestors. Pedestals on the left show separate lineages leading to the extant apes (gorilla, and chimp and bonobo); text indicates key differences among adaptive plateaus occupied by the three hominid genera.

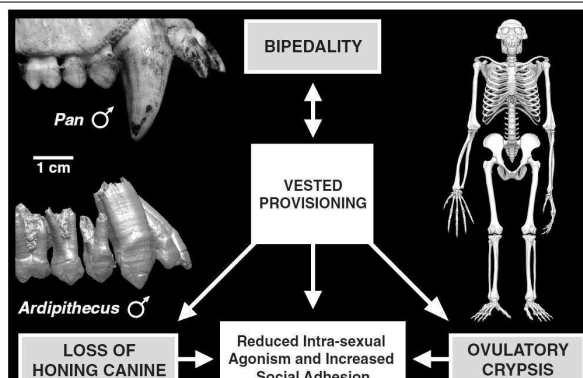


2_ Estados transicionales de marcha bipeda facultativa en homínidos; *Ardipithecus ramidus*:
 Science, October 2th, 2009



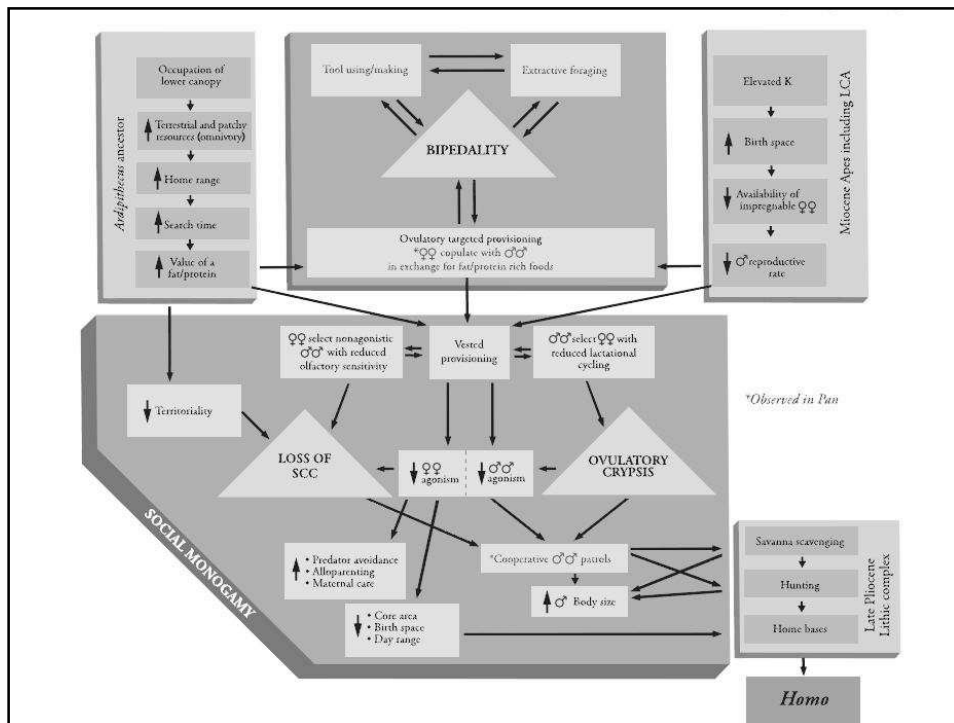
Cladogram adding *Ar. ramidus* to images of gorilla, chimpanzee, and human, taken from the frontispiece of *Evidence as to Man's Place in Nature*, by Thomas H. Huxley (London, 1863) (with the positions of *Gorilla* and *Pan* reversed to reflect current genetic data). Numerous details of the *Ar. ramidus* skeleton confirm that extant African apes do not much resemble our last common ancestor(s) with them.

2_ Estados transicionales de marcha bipeda facultativa en homínidos; *Ardipithecus ramidus*:
 Science, October 2th, 2009



Breakthrough adaptations can transform life-history by deviating from typical reproductive strategy. Early hominids show feminized male canines (left) and primitive bipedality (right). These suggest that females preferred nonaggressive males who gained reproductive success by obtaining copulation in exchange for valuable foods (vested provisioning). Success would depend on copulatory frequency with mates whose fertility remained cryptic (e.g., absence of cycling in mammary size). The result would be reduced agonism in unrelated females, and cooperative expansion of day ranges among equally cooperative males, eventually leading to exploitation of new habitats. Credit: Illustration of *Ar. ramidus*: copyright J. H. Matternes.

Lovejoy, CO (2009) Authors' Summary: Reexamining Human Origins in Light of *Ardipithecus ramidus*
 Science 2 October 2009: vol. 326 no. 5949 pp. 74-74e8



2_ Estados transicionales de marcha bipeda facultativa en homínidos; *Ardipithecus ramidus*: Science, October 2th, 2009

Table S3
Hindlimb, forelimb, Mc4, and manual phalangeal lengths and indexes normalized by body mass vicar
in fossil and extant anthropoids, and by body mass in extant anthropoids

Taxon	Intermem. Index	Forelimb/ Normalizer§	Hindlimb/ Normalizer§	Phalanx / Normalizer§	Mc4/ Normalizer§	Forelimb/ Mass ⁽³³⁾ §	Hindlimb/ Mass ⁽³³⁾ §	Phalanx / Mass ⁽³³⁾ §	Mc4/ Mass ⁽³³⁾ §
<i>Ar. ramidus</i>	89-91†	31.2	34.6	2.4	3.5	143.1‡	154.7– 157.7‡	10.9‡	16.1‡
<i>Au. afarensis</i>	87-89†	34.7	38-40†			147.0‡	165.6– 168.0‡		
<i>Proconsul</i>	86.9†								
OWM	88	36.4 (2.8)	40.1 (2.7)	2.4 (.33)	4.4 (.32)	151.1 (15.6)	173.0 (17.6)	10.5 (1.6)	18.3 (2.4)
NWM	100	43.2 (4.5)	42.8 (3.7)	3.5 (.23)	5.0 (.88)	173.2 (30.6)	178.9 (28.2)	14.5 (2.3)	20.0 (4.8)
<i>Homo</i>	69*	27.8 (1.4)	39.6 (2.0)	1.7 (.08)	2.9 (.20)	134.9	193.7	8.4	13.9
<i>Pan</i>	106*	34.3 (1.8)	32.6 (1.9)	2.7 (.17)	4.8 (.27)	159.9	147.3	12.3	22.2
<i>Gorilla</i>	114*	34.0 (2.2)	29.3 (1.6)	2.2 (.12)	4.1 (.24)	152.1	132.7	9.6	18.2
<i>Pongo</i>	138	42.5 (3.0)	30.1 (2.1)	3.5 (.24)	5.8 (.34)	191.9	139.5	15.9	26.3
<i>Hylobates</i>	130	62.0	47.9	4.6	7.2	278.1	218.2	19.7	31.1

*Hominoid taxa differ from one another by t-test at $P < .0001$

Table 1. The assembly of shared derived characters among early hominid taxa.

Craniomandibular characters	Chimp/human LCA (INFERRED)	<i>Ar. kadabba</i> / <i>Sa. tchadensis</i> / <i>O. tugenensis</i>	<i>Ar. ramidus</i>	<i>Au. anamensis</i>	<i>Au. afarensis</i>
TMJ articular eminence	flat	flat	flat	TMJ with defined eminence	TMJ with defined eminence
Mandible corpus breadth	indeterminate	mandibular corpus broad	mandibular corpus broad	mandibular corpus broad	mandibular corpus broad
Mental foramen	indeterminate	circum mid-corpus ht	circum mid-corpus ht	circum mid-corpus ht	secondarily lowered
Mandibular lateral prominence	weak	weak	weak	intermediate	lateral prominence developed
Ramus root/ extramolar sulcus	root posterior, sulcus narrow	root posterior, sulcus narrow	root posterior, sulcus narrow	intermediate	ramus root anterior and wide extramolar sulcus
Symphyseal inclination	strong	strong	strong	strong	bulbous (Laet.) to vertical (AL, M)
Basion position	slightly posterior	anterior	anterior	indeterminate	anterior
Cranial base flexion	moderate midsagittal flexion, orbital kyphosis minimal	advanced?	advanced	indeterminate	advanced
Midfacial breadth	not extreme	not extreme	not extreme	indeterminate	midfacial breadth greater
Zygomatic root	zygomatic root c. M1	zygomatic root c. M1	zygomatic root c. M1	zygomatic root more anterior	zygomatic root more anterior
Incisor/lower canine step	present	indeterminate	present	absent	absent
Postcranial characters	Chimp/human LCA (INFERRED)	<i>Ar. kadabba</i> / <i>Sa. tchadensis</i> / <i>O. tugenensis</i>	<i>Ar. ramidus</i>	<i>Au. anamensis</i>	<i>Au. afarensis</i>
Iliac isthmus	superoinferiorly long	indeterminate	short	indeterminate	short
Pubic symphysis outline	superoinferiorly long	indeterminate	short	indeterminate	short
Ilium/iliac isthmus orientation	coronal	indeterminate	sagittal	indeterminate	sagittal
Iliac breadth	moderately broad	indeterminate	slightly broadened	indeterminate	further broadened with expanded sciatic notch
Anterior inferior iliac spine	not developed	indeterminate	strong, formed by separate ossification center	indeterminate	strong, formed by separate ossification center
Pubic ramus	mediolaterally short	indeterminate	mediolaterally short	indeterminate	elongated
Ischium	long	indeterminate	long	indeterminate	abbreviated
Ischial tuberosity	not angulated	indeterminate	not angulated (INFERRED)	indeterminate	angulated
Greater sciatic notch	not developed	indeterminate	weak	indeterminate	well-developed
Femoral hypotrochanteric fossa	lacks true fossa	lacks true fossa	lacks true fossa	intermediate?	true fossa
Third trochanter and gluteal ridge	strong/rugose 3rd trochanter leading to laterally placed gluteal line	strong/rugose 3rd trochanter leading to laterally placed gluteal line	3rd trochanter weaker but same pattern	3rd trochanter weaker but same pattern	3rd trochanter localized, gluteal line angles medially
Femoral linea aspera	widely spaced med and lat lips	widely spaced med and lat lips	widely spaced med and lat lips	widely spaced med and lat lips	usually true linea aspera
Femoral neck cortical distribution	superior cortex relatively thick	superior cortex relatively thick	indeterminate	indeterminate	superior cortex relatively thin
Hallux	fully abductable, no dorsal doming	indeterminate	fully abductable, no dorsal doming	indeterminate	permanent adduction of hallux, dorsal doming
Second metatarsal	not robust	indeterminate	shaft and base robust	indeterminate	secondary gracilization
Metatarsal heads (rays 2-5)	limited dorsal doming	indeterminate	dorsally domed (Mt3 known)	indeterminate	dorsally domed
Proximal foot phalangeal cant	proximal orientation	indeterminate	upwardly canted	indeterminate	upwardly canted orientation
Trapezoid	mediolaterally narrow	indeterminate	mediolaterally narrow	indeterminate	broad
Capitate	head located palmarly	indeterminate	head located palmarly	head dorsialized and broader	head dorsialized and broader
Metacarpal heads	moderate dorsal constriction	indeterminate	weak, but constriction still seen	indeterminate	constriction lacking
Metacarpal distal end	moderate/strong proximal collateral ligament facets	indeterminate	intermediate?	indeterminate	weak collateral ligament grooves
Skeletal size dimorphism	weak	indeterminate	weak	indeterminate	moderate
Megadontia relative to body size	weak	indeterminate	weak	expressed (INFERRED)	distinct

← LCA → Hominid clade

Key: Primitive condition Intermediate derived condition Derived condition