Speaking Activity: Expressing Feelings

Warm-up Questions

How do you usually express your emotions? Do you prefer to talk about them or keep them to yourself?

Which emotions do you find easiest and hardest to express in English? Why?

Personal Experience Questions

Have you ever felt homesick? What made you feel that way, and how did you cope with it?

Can you remember a time when you were offended by someone's words or actions? How did you react?

Describe a moment when you were thrilled about something. What happened?

Have you ever been so shocked or stunned that you didn't know what to say? What caused that reaction?

When was the last time you felt grateful for something or someone? Why?

Have you ever been devastated by bad news? How did you handle the situation?

What is something that has made you feel truly proud of yourself or someone else?

Hypothetical and Opinion-based Questions

Imagine you failed an important exam after studying hard. Would you feel more disappointed or guilty? Why?

If you had to move to a foreign country for a year, do you think you would feel homesick or enjoy the adventure?

What kind of behavior makes you feel disgusted? Can you give an example?

Would you rather be amazed or bewildered by a situation? What's the difference between these two feelings?

If a close friend forgot your birthday, would you feel more upset, offended, or disappointed? Why?

Some people love horror movies, while others feel terrified or even horrified watching them. What about you?

Do you think social media makes people feel more lonely or more connected? Why?

Have you ever felt so fed up or sick and tired of something that you decided to quit or change it? What was it?

If you won a dream vacation, how would you react? Would you be jumping for joy or too stunned to believe it?

Can you think of a time when you felt relieved after a stressful situation? What happened?

Have you ever felt completely overwhelmed by your responsibilities? How do you deal with stress?