Vocabulary pag. 8 "Maintaining a Positive Perspective"

defeated perceive uplifting in the face of hard times

challenged cynical dose confident wise

look on the bright side perspective

| 1. A particular attitude towards something; a way of thinking about |
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| something: |
| 2. Believing that people only do things to help themselves rather than for good |
| or honest reasons/ Very sure that things won't be successful or useful: |
| 3. To understand or think of something in a particular way: |
| 4 . A time when problems, difficulties, etc approach in a person's life |
| 5. (of people) Able to make sensible decisions and give good advice because of |
| the experience and knowledge that you have: |
| 6. Making you feel happier or more hopeful: |
| 7. Feeling that your strength, skills, abilities are being tested: |
| 8. An amount of something that you experience: |
| 9. Feeling sure about your own ability to do things and be successful: |
| 10. See the good aspects and possible benefits of a problem: |
| 11. Failure to win or to be successful: |
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