

$$\vec{L}_0 = \left(-\mu L \sin\phi \frac{L \sin\phi \dot{\phi}}{2} - \frac{\mu L}{2} (1 + \cos\phi) L \cos\phi \dot{\phi} \right) \hat{k}$$

$$= -\frac{\mu L^2}{2} \left(\sin^2\phi \dot{\phi} + \cos\phi \dot{\phi} + \cos^2\phi \dot{\phi} \right) \hat{k}$$

$$= -\frac{\mu L^2}{2} (1 + \cos\phi) \dot{\phi} \hat{k}$$

$$\Rightarrow \frac{d\vec{L}_0}{dt} = -\frac{\mu L^2}{2} \left(-\sin\phi \dot{\phi}^2 + (1 + \cos\phi) \ddot{\phi} \right) \hat{k} = \frac{N' L}{2} (1 - \cos\phi) \hat{k}$$

Rimpiazzando il valore di $N'(\phi)$

$$-\frac{\mu L^2}{2} \left(-\sin\phi \dot{\phi}^2 + (1 + \cos\phi) \ddot{\phi} \right) = \frac{\mu L^2}{2} (1 - \cos\phi) (\sin\phi \dot{\phi}^2 - \cos\phi \ddot{\phi})$$

$$\Leftrightarrow \sin\phi \dot{\phi}^2 - \ddot{\phi} - \cos\phi \ddot{\phi} = \sin\phi \dot{\phi}^2 - \sin\phi \cos\phi \dot{\phi}^2 - \cos\phi \ddot{\phi} + \cos^2\phi \ddot{\phi}$$

$$\Leftrightarrow (1 + \cos^2\phi) \ddot{\phi} = +\sin\phi \cos\phi \dot{\phi}^2$$

$$\text{però } \ddot{\phi} = \frac{d\dot{\phi}}{d\phi} \dot{\phi}$$

$$\Rightarrow (1 + \cos^2\phi) \dot{\phi} \frac{d\dot{\phi}}{d\phi} = \sin\phi \cos\phi \dot{\phi}^2$$

$$\Rightarrow \frac{d\dot{\phi}}{\dot{\phi}} = \frac{\sin\phi \cos\phi}{1 + \cos^2\phi} d\phi \quad \bigg/ \int$$

$$\int_{\frac{v_0}{L}}^{\dot{\phi}} \frac{d\dot{\phi}}{\dot{\phi}} = \int_0^\phi \frac{\sin\phi \cos\phi}{1 + \cos^2\phi} d\phi \Rightarrow \ln\left(\frac{\dot{\phi} L}{v_0}\right) = -\frac{1}{2} \ln(1 + \cos^2\phi) \bigg|_0^\phi$$

$$\Rightarrow \ln\left(\frac{\dot{\phi} L}{v_0}\right) = -\frac{1}{2} \ln(1 + \cos^2\phi) + \frac{1}{2} \ln(1) = \ln\left(\frac{1}{\sqrt{1 + \cos^2\phi}}\right)$$

$$\Rightarrow \boxed{\dot{\phi} = \frac{v_0}{L} \frac{1}{\sqrt{1 + \cos^2\phi}}} \quad \text{UFF}$$